

## Rehabilitation Empowers Patients

Dr Iain Rodger Rehabilitation Specialist oversees the Unit and is supported by a large and dedicated team

Once goals are set treatment is tailored to the patient:

- Individual Gym Programs
- Group Exercise Programs
- Falls Prevention lunch group



The Rehab Program empowers patients to be self motivated and continue exercising when they return home

## Group Physiotherapy Session



## Insulin Pump Therapy

Available at Manly Waters Private Hospital & Dr Howard's Manly Rooms.

We welcome two new members to Dr Howard's Team - Endocrinologist Dr Anna Lih and also a new Paediatric Endocrinologist Dr Yoon Hi Cho with full children's services available as of February.



The Paradigm® Revel™ Insulin Pump

Dr Gabrielle Howard:  
 Phone 9976 6010  
 Suite 1/ Level 2,  
 27 Belgrave Street,  
 Manly

## NEW Hydrotherapy Pool

This year plans to be year of growth for us and we are excited about the plans in progress for our new hydrotherapy pool, expansion of our gymnasium and rehabilitation facilities.



## EDUCATION UPDATE

This month our education focus has been on our compulsory CPR training

We are also looking forward to providing Continuing Professional Development to our GPs as we have done for the past decade and we welcome any of your suggestions



**The Staff at Manly Waters Private Hospital wish you all a very Happy 2011  
 Thank you for your support throughout 2010**



## MANLY WATERS PRIVATE HOSPITALS' SPECIALIST OF THE MONTH

Introducing .....Dr Iain Rodger

REHABILITATION PHYSICIAN

### Qualifications:

MBBS	University of Queensland
FAFRM (RACP)	Physician College
FACRM	Rehabilitation College

Appointments as Senior Staff Specialist Rehabilitation Medicine

- ◆ Manly Waters Private Hospital
- ◆ Manly Hospital
- ◆ Mona Vale Hospital

### Special Interests

- ◆ Geriatric Rehabilitation

### Related Organizational Memberships

- ◆ International Society of Orthotics & Prosthetics
- ◆ International Association for the Study of Pain
- ◆ Continence Foundation of Australia
- ◆ Australian Association of Musculoskeletal Medicine

Dr Rodger is a wonderful cook and when he is being Iain, and not Dr Rodger he enjoys entertaining friends, travel, art and keeping fit by cycling. He also has a keen interest in architecture and design.

MANLY WATERS PRIVATE HOSPITAL is an Accredited Acute Care Hospital and has agreements with all Major Health Funds and Veteran's Affairs. Patients may be admitted under their own General Practitioner or the care of one of our frequent user accredited General Practitioners. If a patient requires respite care please contact your local aged care facilities or ACAT.

To refer your patients please contact our friendly staff on 9977 9977 or FAX 9977 4319

Hospital Director: Linda Huxley

Clinical Services Manager: Kerri Clare