

NEWSLETTER

Hello and welcome to our First Edition for 2015

The Hospital That Truly Cares

Manly Waters Private Hospital is a 66 bed Acute Care Rehabilitation, Medical, Surgical & Palliative Hospital. Situated overlooking Manly Cove we have been providing expert medical care to the Northern Beaches for over 40 years.



Manly Waters has the answer to your Inpatient or Day Only Rehabilitation needs!

Manly Waters Private Hospital provides fast, medium & slow stream rehabilitation and caters for a wide range of ages and conditions.

After an operation, illness or accident people need to know they can regain their fitness and get their life style back.

We also find doing a program of "pre-hab" prior to a joint replacement can really shorten recovery time and improve results.

Treatment is tailored to each patient's specific needs and may include: (available to inpatient & day only rehab patients)

- Hydrotherapy
- Individual and group exercise programs plus
- Education groups held over light refreshments
- Pilates or Tai Chi
- Specialised balance training to prevent falls

Coming to Day Rehabilitation is a commitment, so the hospital offers patients assistance with transport if needed plus patients can take advantage of the Hop, Skip and Jump Community bus.

Patient's day rehab programs will be covered if they are in a health fund or DVA. A referral to the Rehabilitation Specialist is all you need.

A Rehabilitation Specialist will oversee the patient's progress and on completion of the program the GP will be provided with the outcome details.

Looking after our patients and their families is our number one priority. We have asked a patient to share their experience with you:

I wish to convey my appreciation and gratitude to the staff at Manly Waters Private Hospital, especially the physiotherapists, who helped me get "back on my feet" after a recent full knee replacement.

The professionalism and attention to detail were paramount in my rehabilitation process. They guided me through the program, monitoring my progress and setting new goals. The exercises were performed in a friendly and well organised environment where all the various equipment was available for individual use. I could proceed with my rehabilitation with help and thoughtful advice always close at hand.

My thanks to all the staff involved and, if the occasion arises, I would highly recommend the services of the Manly Waters Private Hospital.

Cheers,
Michael Murphy

Our Rehabilitation Specialists

Dr Iain Rodger - Inpatient Rehabilitation

Dr Fariborz Jashnany - Day Only & Inpatient Rehabilitation

Hospital Director
Linda Huxley

Clinical Services Manager
Kerri Clare

Theatre Manager
Ellen Brabant

Day Rehabilitation Manager
David Shearer



Inpatient Rehabilitation – A day in the life of...

Our Inpatient Physiotherapy Supervisor, Lauren Merrick, wishes to update you on some additions to our Inpatient Rehabilitation and what we can offer your patients:

- ✓ Two opportunities for hydrotherapy daily (new)
- ✓ Daily Tai Chi classes (new)
- ✓ Daily seated conditioning exercise classes
- ✓ Daily specialised group for post hip and knee surgery (new)
- ✓ Back pain pathways
- ✓ 1:1 Physiotherapy 6 days a week
- ✓ Casting for general orthopaedic
- ✓ Our Rehabilitation programs are tailored to the individual
- ✓ Fast, Medium & Slow Stream Programs cater for a wide range of ages and rehabilitation needs

It can even be the case that some patients may go to 3 groups a day plus have their individual session with their physiotherapist.

Lucky they may have a glass of wine with dinner and a home cooked meal!

We currently have opportunities for Surgeons

Our surgical facilities consist of two well equipped and accredited operating theatres with qualified Registered Nurses, Recovery and Anaesthetic Staff, trained and experienced in Ophthalmic, Facial Maxillary and Plastic Surgery.

For further information and session times please call our Theatre Manager Ellen Brabant 9977 9977

We are also delighted to welcome to Manly Waters Dr Shane O'Neill, Plastic Reconstructive Surgeon P:1300 376 634

NEW Finance & Administration Manager

We are delighted to welcome Susan Campbell in our team at Manly Waters.



Susan comes from an extensive administration background including 17 years in investment banking and more recently Practice Manager for a Dental Clinic. Susan wishes you to know nothing is too hard and she is here to help. Please feel free to drop in and say hi. In her free time she enjoys a round of golf.

INPATIENT ADMISSIONS

Rehabilitation or medical patients may be admitted under the care of their GP or one of our frequent user GPs. To discuss your patients' suitability call our Clinical Services Manager, Kerri Clare. Patients in for Rehabilitation shall be seen by one of our Specialists. Other Consultant Physicians will be called in as required i.e. Palliative Care patients would be seen by our Palliative Care Specialist.

INVITATION FOR GP ACCREDITATIONS 2015

Manly Waters has a reputation of being a GP Hospital and is well supported by over 45 accredited GPs. Please call Linda Huxley our Hospital Director to discuss becoming more involved with your local hospital.

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