

Hello and welcome to our Winter 2012 Edition Newsletter..

For REHABILITATION, WELLNESS & SURGERY SERVICES

Coming Soon to you!

New Day Rehabilitation Programs

Your road to independence & fitness

What is a Day Rehabilitation Program?

The aim of Day Rehabilitation is to provide treatment for those patients who are more independent and do not require in-hospital care. Our Rehabilitation Specialist along with our Rehabilitation Team will develop individualised land and aquatic treatment program, tailored to each patient. Programs involve one-on-one individual therapies plus group education and exercise.

Who is suitable for Day Rehabilitation?

Patients who have experienced loss of function due to a prolonged hospital admission, disability, illness, inactivity or injury. We assist patients to return home safely with optimal independence.

What does it cost?

Day Rehabilitation Programs are FREE OF CHARGE for patients that are covered by private insurance or DVA.

Does the patient need a referral?

Yes. Referrals are required from either Specialist (Doctors), General Practitioners, Public and Private Hospitals.

A Discharge Summary including any follow up recommendations will be sent to your General Practitioner or Specialist on the completion of the program.

When will Day Rehabilitation at Manly Waters Private Hospital be available?

Our fabulous new gym is almost at completion and our hydrotherapy pool shall be completed by October this year, all going to plan. Please keep your eye out for our **Grand Opening!**

We are dedicated to bringing YOU the best in Rehabilitation Services

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Life begins at 40!

MANLY WATERS PRIVATE HOSPITAL TURNS FORTY ON 9TH OCTOBER

Our building works will be near completion and we are excited to provide the much needed outpatient services, hydrotherapy pool and additional luxury rooms to our Northern Beaches community. A great time for a face lift!

It will be time to celebrate and also to say **THANK YOU** to all those who have made Manly Waters Private Hospital what it is today, our staff, our doctors, referring hospitals, especially our closest neighbours, Manly and Mona Vale Hospital, all ancillary services and most importantly our patients.

Linda Huxley our Hospital Director, talks about what we achieved in this time.. Since 1972 Manly Waters Private Hospital has been providing quality care to patients and has always been able to keep this reputation for achieving this care.

Over the 40 years Manly Waters has changed from a mainly surgical hospital to today where Rehabilitation is our main specialty.

In 40 years many excellent staff have come and gone (and for many come back again!) But after 32 years of working at Manly Waters I am proud to say the quality of the staff has never changed – they have remained as committed and hard working as they were in the beginning.

CONGRATULATIONS to all staff over these 40 years who have made Manly Waters what it is today.
Linda Huxley



Australia' Biggest Morning Tea

Staff at Manly Waters really enjoyed each others cooking and getting behind this very good cause.

We raised over \$150 this year and we thank the Cancer Council for its vital work in raising funds for cancer research, education, patient and family support services.

We encourage both men and women, to be educated about screening and to invest in their health more seriously.

PLEASE CONTACT US FOR FURTHER INFORMATION: (02) 9977 9977

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Please visit our website: www.machealth.com.au